

ERGONOMIC  
LIFTING TROLLEYS.  
TAILOR MADE FOR  
YOUR APPLICATION!



Lift&Drive™-family

 PRONOMIC®

# Lift&Drive™

## Advantages

Since 1989, our Lift&Drive has ensured a better working environment while also reducing the number of employees on sick leave due to work related and repetitive-strain injuries. Lifting becomes easier and safer therefore reducing the risk of injury. We design and manufacture our trolleys ourselves so they are available in various sizes, designs and models.

The range of models offer many different possibilities because they can be customized. This guarantees that you get a trolley that meets your needs perfectly. The Lift&Drive is battery operated and requires very little maintenance.

## Secure Handling

For maximum safety, all Lift&Drive trolleys are equipped with a built in safety clutch, which automatically disengages when lowering the load if it should encounter an obstacle. The column has a screw drive which makes them reliable and durable over many years of service.

”

Ergonomics  
and economics  
go hand in hand,  
thinking ergonomically  
is to think economically.

”

# Which trolley in our family suits you best?

P

## Professional

The P-trolleys are our largest, most stable, powerful and flexible in the family. The trolleys are modular and are assembled according to your specifications. They are capable of lifting up to 325 kg.

IE

## Industrial Eco

Our family's middle child is good at compromising. The IE-trolleys are our medium-sized ones. A great compromise between the strong P-trolleys and the sleek E-trolleys. They're stable with a fully welded chassis, but are still "almost" as slim as our E-trolleys. They are capable of lifting up to max 90 kg.

E

## Eco

The E-trolley is the little one in the family. This small one charms everyone and is full of surprises. E-trolleys have gone their own way and have developed their own set of talents. Thanks to this they are the first choice in environments such as pharmacies, larger catering establishments and archives. A standard version is also available. Despite their low weight they can manage loads up to 90 kg.

All our lifting trolleys are equipped with a built in safety clutch to avoid risk of squeeze and tipping injuries. Our entire range of lifting trolleys are available in painted or stainless steel.

Lift&Drive™ P

Lift&Drive™ IE

Lift&Drive™ E





”  
Tailor made for  
your area of use  
and your working  
environment.  
”

# Lift&Drive™ P – Professional

## Our completely modular family member

A unique, modular concept forms the basis of our P-trolleys, giving you and us virtually unlimited opportunities to create a lifter which is perfectly suited to your needs.

## Many different types of chassis

We offer chassis of variable widths, heights and lengths as well as custom-made ones.

## Select desired load capacity

Personalise your Lift&Drive P to meet the handling requirements in your premises. The load capacities are: 90 kg, 130 kg, 175 kg, 225 kg or 325 kg.

## Variable lifting heights

The lifting columns can be supplied in different standard heights, but can also be custom made to provide the exact desired stroke. As an alternative we also offer a telescopic lifting column that enables you to double the lifting height.

## Different sets of wheels

In order to best adapt the trolley to the particular needs of different working environments, we provide wheels in various sizes and materials.

## Tools - Attachments

We have a large number of standard tools such as loading platforms, forks, scales/counting scales, Squeeze&Turn (our clamping tool that grips the goods you are handling firmly, from the outside while also lifting and rotating it), and our pneumatic expander, Expand&Turn, (intended for handling reels in case where you need to lift/rotate from the core). We also manufacture many customer-specific tools.

## 3-step brake

In addition to the central brake, the P-trolleys also have a directional lock on the rear wheels, to assist the operator when moving the trolley in a straight line.



# Accessories - some of our tools.



Loading Platform.



Platform with edge rolls.



Platform with 3 rollers.



Roller Platform with side feeding and locking.



Roller Platform with front loading and locking.



Scales.



Prong.



V-Block.



Lifting Forks.



Multi-Forks.



Squeeze&Turn.



Expand&Turn.



Box Tilter.



Tipping Device.



Individual Grippers.



Folding Ladder.



Turning Module.



Telescopic Column.



Double Column.



Stepless remote control.

One of our main strengths is that we also develop and manufacture accessories in accordance to your specifications.

# References



## Arla Foods - Götene Dairy

Götene Dairy is a frequent user of Pronomic lifting equipment. This time they needed a solution for lifting rolls weighing 75 kg. They chose Lift&Drive 175P with Squeeze&Turn.

” Pronomic has a very good solution with squeeze and turn function which can manage the big rolls we handle every day. The central brake and directional lock on the rear wheels were also something we thought made the handling of the trolley very easy.”

Jonas Björkdahl, Technician, Arla Foods Götene Dairy.



## SIA Glass AB.

At SIA Glass arose a need in the new premises to lift boxes of ingredients high to a funnel in the right working height. The solution became a custom made Lift&Drive 130P.

” PRONOMIC's solution suits us perfectly for this purpose when the lift carriage 130P lifts higher than most in the market and has a high lifting speed! ”

Gert-Ove, Maintenance Manager, SIA Glass AB



## Orkla Foods Sverige (ABBA Seafood)

Lifting off rolls weighing approx. 70 kg . In the process these must also be turned around and put onto the axle that sits high up in the machine.

” PRONOMIC's lifting aids, Lift&Drive and the Expand&Turn tool work very well handling our rolls. They were able to provide a customized column height and a customized width of the lifting trolley. We quickly got a visit from their representative, that was followed up by quotation. They also lent us the a trolley that allowed us to test it on location. The whole process was efficient and the lifting trolley has resulted in a great improvement to our everyday work! ”

Erika Hassellöy, Production Manager, Orkla Foods Sverige (Abba Seafood).

## Lift&Drive™ IE – Industri Eco

### These family members are tailor - made to meet the somewhat tougher requirements

These are stable, manoeuvrable trolleys with a low weight, which can be equipped with a number of different options.

### A welded chassis

The chassis is robust to withstand the demanding requirements you encounter in industrial environments. Lift&Drive IE is a low-built trolley equipped with small wheels which makes it possible to use with a Euro pallet.

### Load capacity

Manages weights up to 90 kg.

### Variable lifting heights

Lifting columns are available in three standard heights, but can also be manufactured according to your requirements if your specific application should need a column that is made to measure.

### Tools - -Attachments

Specifically for the IE-trolleys, there are "tailor-made forks" that are available for a "standard price". You choose whether you like the forks to be made of round, flat or angular tubes, and you also choose the length and width of the forks. We also have a large number of standard tools to choose from, such as a lifting platform, a platform with side rollers, a roller platform, a prong, v-block, etc.

### Foot brake

A pedal-activated brake on the rear wheels.

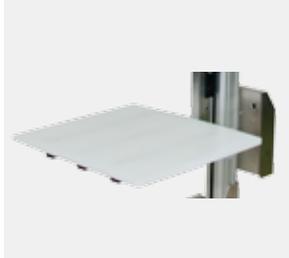
”  
Thanks to the  
IE-trolleys,  
work gets done  
ergonomically and  
safely in a wide range of  
industries all around the  
world.

”



# Accessories

- IE-trolleys can be equipped with a variety of "standard tools" that make the trolley a very flexible lifting aid at an affordable price.



Loading Platform.



Platform Protection, stainless.



Platform with edge rolls.



Platform with V-block.



Roller Platform with front loading and locking.



Roller Platform with side feeding and locking.



Prong.



Foldable Ladder.



Holder for battery charger.



2 and 4-Button Remote Control.  
4-button=dual speed.



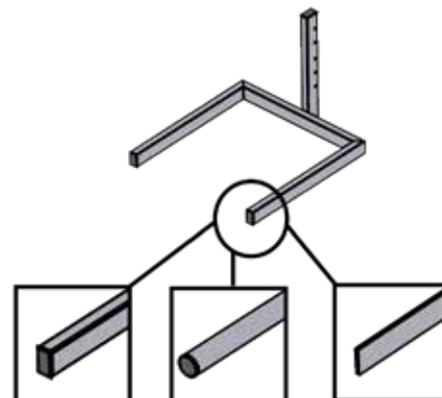
Expand&Turn Light.

For more information please contact your sales representative.

## Standard forks - made to required measure

Choose if you wish to have angular, round or flat-steel tubes and enter a length and width between 50 mm - 500 mm. We will then manufacture a customized fork for you.

## Customized - for the standard price



# References



## Aros Electronics Ltd.

Lifting electronic parts up onto and from high shelves. The trolley is made in accordance to ESD standards. We chose to attach a ladder for the operator to reach items up on the shelves.

” PRONOMIC’s columns that come in many different heights with a ladder, were able to meet our needs at a reasonable price. A PRONOMIC salesman quickly came round for a visit and shortly thereafter lent us a trolley that we were able to test on site. All this made us confident we could buy Lift&Drive. PRONOMIC were very helpful, acted quickly and provide a very good quality, product. ”

Albin Oscarsson, Lagerchef, Aros Electronics AB



## Coop

The trolley is used in the bakery, where it is used to lift sacks of flour and sugar, but also crates, cartons, trays and other items.

” Since we started using PRONOMIC’s lifter we feel less strain in our backs and shoulders. It’s great if you need to lift the flour, sugar and other baking ingredients. We really recommend these lifters from PRONOMIC! ”

Linda Kosterhed, Pastry Chef. Coop



## Järfälla Public Library

It lifts books into crates that weigh about 30 kg, with 3 crates being lifted at once. The crates are picked up from floor level and are then taken to the library where the books get returned. The books are lifted to a comfortable height and then put on to the shelves.

” The lifter is a well-liked and very reliable colleague of ours. It helps us every day when books are returned, about 1000 a day. Now we are able to work at a comfortable height and avoid unnecessary lifting, bending down and twisting. ”

Birgitta Vinnå, head of library, Järfälla Public Library

Värk

Värk

Förkylning

Allergi & Ögon



”  
...use our trolleys to  
improve efficiency  
and ensure safe  
handling  
”

## Lift&Drive™ E – ECO – "Economic"

### **Our neat, little and charming one - with many different faces and appearances**

Lift&Drive 70E and 90E are our light weight and slim lift trolleys often supplied in their standard-version, but also available as customized versions for use in environments and industries such as pharmacies, larger catering establishments and archives.

### **The chassis**

Only 435 mm wide, which makes it very flexible and manoeuvrable.

### **Different sizes of wheels**

Supplied with different wheel sizes in order to adapt the trolley to your specific workplace. Choose from standard or low-built wheels.

### **Tools**

We have a large number of standard tools and lifting forks, but for the E-trolleys we have also developed special tools intended to be used in pharmacies, kitchens and archives.

### **Load capacities**

The trolleys are available in load capacities of 70 kg and 90 kg.

### **Lifting columns**

We have columns in four different heights to suit your requirement.

### **Foot brake**

A pedal-activated brake on the rear wheels.

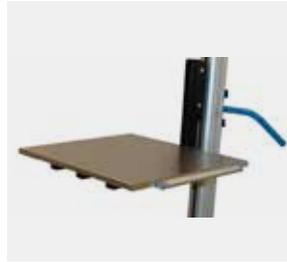
# Accessories - some of our tools.



Platform.



Platform Protection, stainless.



Platform with edge rolls.



Platform with recess.



Folded Platform for containers.



Platform with V-block.



Prong.



Dual Platform for archiving.



Fork for crates, with fold-down platform.



Depository shelf.



Waste Bag holder, dual.



Waste Bag holder, single.



List holder.



Holder for battery charger.



Foldable Ladder.



Remote Control.



Platform for Crates.

For more information  
please contact your sales representative.

## References



### Norma Precision Ltd.

Produces small caliber ammunition for hunting and shooting, about 60 million cores and about 35 million cartridges, in 110 different calibers. A large-scale production with many different work processes which include moving around and lifting cartridges, led cores and projectiles.

””The fact that we have bought more than 35 trolleys speaks for itself, and we are very content with them! The trolleys have replaced conveyor belts in several places in our production facility. The lifters really help us with lifting and moving goods around. And it makes work processes more ergonomic, simpler and and much more flexible. ””

Patrik Olsson, Production dept., Norma Precision Ltd



### Direkt Chark AB

Use trolleys to replace rolls in a packaging machine. Rolls weigh approximately 40 kg.

””The PRONOMIC trolleys mean that staff no longer need to lift heavy rolls around. The units are very easy to manoeuvre. PRONOMIC visited site, took measurements and and looked at what kind of restrictions our manufacturing facilities had. After that, they lent us a trolley to trial, so we could feel secure when deciding to invest. We chose stainless steel trolleys from PRONOMIC and are very happy we to did so! ””

Christian Dokakis, head of dept., Direct Chark Ltd.



### Royal Library, Stockholm

The trolley is used to lift servers around in the Royal Library's server room, when these need to be replaced or serviced.

””The server lifter has improved the quality of work across the entire hall. ””

Mikko Yletyinen, IT dept., Royal Library, Stockholm

**PRONOMIC AB**

Box 5504

SE-192 05 Sollentuna

Phone: +46 8 544 706 60

sales@pronomic.se

pronomic.com



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